Topic: Resting in Open Awareness, the Dzogchen way of awakening to the ground of one’s being

Text: The Record of the Heart-felt Advice of the Dakini Indestructible Glorious Lamp

Venue:

<http://centroecologicogaia.com/>

Address: Calle Luis de Vargas, 6

E- 41001 Sevilla

Tel: +34 954 56 18 31

Registration:

Everybody please register in advance at amigosdeldharma7@gmail.com

Retreat fees:

 50 euros (People from abroad may pay when they arrive but they do need to register in advance.)

## Accommodation:

**Hotel Becquer**

Calle Reyes Católicos, 4,

41001 Sevilla

Tel.: + 34 954 228 900

5 minutes’ walk from Gaia, venue of the retreat**.**

Habitación doble uso individual: 110 € 24 y 25 de febrero; 26 y 27: 84 €

Habitación doble: 115 € y 89 €

IVA incluido

Breakfast free or 12% discount

**Hotel Reyes Catolicos**

Calle Gravina, 57

Sevilla

Tel: +34 954 211 200

Fax:+34 954 216 312

3 minutes’ walk from Gaia. They have exterior and interior bedrooms.

Group Price (ask for James Low retreat when booking), breakfast and taxes included

Double room: 59,00€

Double room (single use): 54,00€

Single: 50,00€

Breakfast: toast, baking, El desayuno esta compuesto por tostadas, repostería, chacinas, frutas, cereales, yogures, zumos, etc.

To reserve a room, call by phone or write to reservas@hotelreyescatolicos.info and ask for James Low retreat group from 24th to 28th February 2017. Keep in mind that it is bank holiday in Seville and that we have booked 20 of 30 rooms available in the hotel.

**Hospedería y Convento de Santa Rosalía. Sevilla**

Calle Cardenal Spínola, 8,

41002 Sevilla

<http://www.paradaconfonda.com/hospederia-y-convento-de-santa-rosalia-sevilla/>

Precio: 25€ por noche

Las reservas se pueden realizar utilizando su correo electrónico casadeoracion.capuchinas@gmail.com

El horario de recepción es de 9 a 13h y de 16 a 20,30h

## Parking

Plaza de Armas, close to hotel and Gaia; 16,5 € a day ( 22€ estándar Price less 25% for clients of Reyes Católicos hotel); at the hotel there are only 7 parking place (13 € a day).

## Lunch:

The [Gaia restaurant](http://centroecologicogaia.com/restaurante-ecovegetariano-gaia/) is very close to the retreat venue.

Organic and vegetarian

Starter, main course and dessert; water (wine and beer not included)

Price: 9.95 euros

If you want to book lunches as part of the retreat then please let amigosdeldharma7@gmail.com know.