

# JAMES LOW

## Teachings and practice

*A brief presentation of the Mahamudra from Maitripa*

5<sup>th</sup>-7<sup>th</sup> July 2019

Fri. 20h-21h30

Sat. 9h30-12h & 14h-18h

Sun. 9h30-12h & 14h-17h

Yi-xin

Rue de Carouge 57-59

1205 Genève

Whole week-end: 100 CHF

Friday night: 10 CHF

Saturday / Sunday: 45 CHF

### Contact

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James Low studied with Ven. Chimed Rigdzin Rimpoche for many years. Upon his request, he devoted himself to teaching and transmitting Dharma since 1976. He translated and commented several tantric and Dzogchen texts along the years while working as a psychotherapist in London.

Chimed Rigdzin Rimpoche (1922-2002), was an important lama from Khordong and Byangter lineages of the Nyingmapa school from Tibetan Buddhism. As a scholar and yogi, he combined those two currents in his work as a senior lecturer in Indo-Tibetan Studies at the University Visva-Bharati of Santiniketan, West Bengal, India.



Maitripa was an Indian sage of the XI<sup>th</sup> century, disciple of Naropa, teacher of Marpa and Atisha. We will study his text on Mahamudra during the weekend.