

Letter from the organiser, Hyw Wyn.
2 April 2021

Dear Friends,

We are happy to announce a summer retreat with James Low this year.
The retreat will be amongst nature, allowing lots of fresh air, open space and well being.
You can bring a tent, hire a luxury tent, Glamping pods or stay in an Air B&B in the local area.

We will be adhering to any health advice and will be happy to give refunds if we have to cancel or you can't make it.
It's a beautiful site, surrounded by exquisite nature, it promises to be a breath of fresh air. Literally....

Resting in our true nature in nature...letting nature show the way"

Dzogchen summer retreat with James Low

A 4 day summer retreat in the beautiful grounds of Chiddinglye estate
near Forest Row, Sussex. August 12 - 15th

Radiant Clarity

The movement of our minds often leads to disturbance in the environment around us and likewise the disturbance in our environment provokes thoughts, feelings and many hopes and fears.

Given the ever-increasing rate of change it can be useful to find a space of clarity and equanimity which allows us to participate in the world with minimal judgment and reactivity. We will look at how a non-dual understanding can help with this. We all see how unnecessary interference in the environment, even when done with good intentions, can create terrible problems. When we start to make friends with our own minds we are faced with the consequences of the unnecessary pressures and driving beliefs in which we have been caught up. Nature can heal itself if given a chance...meditation is the way we can offer this healing to our minds.

The retreat will also offer Tai Chi and campfire music.
The price includes camping , teachings, music and Tai Chi

This is a beautiful summer retreat potentially of benefit to anyone.

A true treasure in this fleeting life.

This is a wonderful opportunity to take a break
from the endless distractions of life
and simply be at ease,
relaxed and present .

You can book tickets here:

<https://events.liveit.io/into-the-wild-events/wild-weekends-august-13-15/>

You can bring your own tent or hire a lovely tent from Brighton Bell tents

<https://www.brightonbelltentcompany.co.uk>

You can also hire a woodland cabin and luxury tents from The enchanted Glade on site.

<https://www.airbnb.co.in/rooms/45286918?guests=1&adults=1>

We will have some nice accommodation pods which can be shared with bathrooms, power etc. More details on them later as they won't be ready until June. Let us know if you are interested in these.

Directions are here, if you want to book an air B&B near the site: <http://www.chiddinglye.co.uk>

There will be organic vegetarian food available or you can bring your own, or do both.

You can arrive from the evening after 5pm on August 11th.

More info on the weekends here: <https://www.wilderlands.co.uk/wild-weekends>

www.wilderlands.co.uk

Working together for a wilder future