

LIVING THE VIEW

**Dzogchen retreat with James Low
Dos Hermanas, Sevilla - April 21-24**



Dear Dharma friends,

We're pleased to announce that James Low will offer a retreat in Dos Hermanas, a town in the outskirts of Sevilla, from April 21 to 24. Here is his invitation:

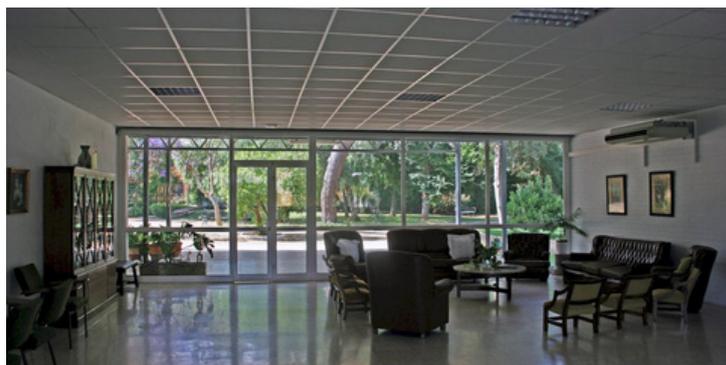
"The retreat will focus on meditation practice, using the view of Dzogchen to open to our authentic presence. Practicing together we will relax and gradually release ourselves from the habitual preoccupations and tendencies which veil the open ground of our being. The retreat is suitable for all levels of practice."

The teachings will occur at *Casa de Ejercicios Espirituales San Pablo*, an institution with all the necessary facilities, including full board. Due to the proximity of the announced dates for the retreat, partial registrations are available for those unable to attend all four days. The teachings will begin on thursday morning, so our stay starts on wednesday evening (18h) and will end on sunday afternoon (14h). Staying on your own elsewhere is also possible.

The registration fee for the retreat will be 50€, and the *Casa* costs will be **(67€/day • 268€/full retreat)** for those staying at their accommodations, and **(55€/day • 220€/full retreat)** for those staying elsewhere, making it a total **318€ (accommodation included)** or **270€ (without accommodation)**. Reservations, changes and cancellations will be accepted up to April 4th. Right now we have room for 16 guests which will stay at the local facilities, plus 18 extra seats available during the teachings for those staying at other places.

Some important remarks:

- Covid protocols will be followed during the entire retreat - wearing PFF2 masks during the teachings will be mandatory and you must inform if you have been vaccinated for Sars-Cov-2.
- The full board service offered by *Casa* includes breakfast, lunch, dinner and coffee/tea service. Those will be ovo-lacto-vegetarian - if you have any specific dietary restrictions, you can include them in your registration form.
- A few double rooms are available for those interested - your preference will be informed when registering.



- To complete your reservation, fill in the form available on the link below, where you will attach a receipt (image or .pdf) of your full deposit to the following account:

IBAN ES5400492588792614371834
João Pereira Vale Neto

REGISTRATION FORM

[TINYURL.COM/JAMES2HERMANAS](https://tinyurl.com/james2hermanas)