

## Dzogchen Workshop with **James Low**

### *Mahamudra and Tilopa*

Ciamma Ling Centre, Wilga, Poland May 11th-14th 2023

A four day meditation retreat – please take your own cushions and blankets if possible. The sessions will be consecutively translated to Polish.

Retreat will begin on Thursday, May 11 at 10 a.m. (registration) and end on Sunday, May 14 at 1 p.m.

Accommodation options are as follows:

Summer house 2-4 person rooms (40 slots) - **880 pln.**

Dormitory (15 slots) - **770 pln.**

Gompa hall floor (10 slots) - **660 pln** ( bedding not included).

Own tent (beddings not included) - **660 pln.**

Without accomodation (only workshop, without breakfast) - **600 pln.**

All accommodation options include vegan meals (lunch and dinner on Thursday; breakfast, lunch and dinner on Friday and Saturday; breakfast only on Sunday).

Financially challenged people are welcome to address organizers for alternative options. Willing sponsors and donors are welcome to reach out and support the participation of others.

**Important!** Participants must pre-register until April **20th** 2023 with a forward payment of 200zł (or equivalent) to:

Dzogchen

PL54 2530 0008 2082 1064 0473 0001

kod SWIFT: NESBPLPW

Titled: "James"

Send a payment confirmation to [wilga23@icloud.com](mailto:wilga23@icloud.com) with a request for booking confirmation. Include your preference of accommodation and all the participants that you also want to register.

Full payments need to be made until April 30th 2023

Organizers:

Patrycja Żyła - tel: +48 696 114 316 - general managing and information

Robert Hnat - [roberthnat@gmail.com](mailto:roberthnat@gmail.com) - backup information contact

Konrad Świtała - logistics

Olga Maj - [wilga23@icloud.com](mailto:wilga23@icloud.com) - accommodation, payment processing

Information on how to get to Wilga from Warsaw airport:

<https://mapa.targeo.pl/>

21.3947274,51.8268177,19,trasa,,Warszawa%20lotnisko%20Fryderyka%20Chopina%20(Ok%C4%99cie),,Osiedle%20Wilga%20Aleja%20Huberta,,Osiedle%20Wilga%20Aleja%204?  
data=eyJmci6eyJwb2ludHMt7IngiOjIwLjIzZ9XSwib3B0aW9ucyl6eyJ0eXBlljo0LCJwYXJhbXMiOiJ7XCJod1wiOmZhbHNILCBclnRsXCi6ZmFsc2UsIWIzbnJcljpmYWxzZX0iLCJ0b2xsY2F0ljoXfX0slnpbi6ImZpbmQtc91dGUifQ==