

Spring retreat - Tantra and Dzogchen

“The delusion that we exist as definable entities is the basis of all limited and limiting experience. Through dissolving our contrived identity into that of Padmasambhava we become free to act in whatever ways will help sentient beings. The view of dzogchen deepens our understanding of how this functions and aids our release into our intrinsic source which we have never actually strayed from”.

James Low

There will be an empowerment to connect you with the Padmasambhava practice. We will also practice the Riwo Sangcho, the offering of mountain smoke.

The Retreat will take place from 14 to 18 May 2025 at the Ciamma Ling Ligmincha Poland Centre in Wilga.

ACCOMMODATION

- summer cottages of 45 places - rooms for 3 and 4 persons (bathroom, bedding, mini kitchen);
- dormitory 14 places - two 2-person rooms and a room with bunk beds (bed linen, shared toilet);
- old gumpa 10 places on the floor (own bedding);
- camping site - own tent and bedding.

FOOD

Three meals vegetarian or meat - please specify your chosen option when booking your place.

COSTS

255€ (1000 pln)/person - place in a room in a cottage;
220€ (870 pln)/person - place in a dormitory;
205€ (800 pln)/person - floor in the gumpa (bedding on your own);
205€ (800 pln)/person - own tent;
205€ (800 pln)/person - without accommodation;

TERMS AND CONDITIONS OF PARTICIPATION

Booking is on condition that an advance payment of €75 (PLN 300) is made no later than **15 March** 2025, to the account:

Dzogchen

PL54 2530 0008 2082 1064 0473 0001

SWIFT code: NESBPLPW

Please write 'James ' in the title of the transfer.

Once an advance or full payment has been made, please send confirmation by email to wilga25@icloud.com.

Please include in your email the names of the people attending and your preferences for accommodation and meals.

Allocation of places will be determined on a first-come, first-served basis.

Please be very careful with your bookings, as due to the need to pay for accommodation and meals in advance, it may not be possible to refund your deposit.

Please pay the balance by **25 April 2025**.

A detailed retreat timetable will be sent to participants in March 2025.

ORGANISERS

Patrycja Żyła - patrycja.zyla@gmail.com - organisation and information,

Robert Hnat - roberthnat@gmail.com - information,

Konrad Światała - logistics,

Olga Maj - wilga25@icloud.com - registration of accommodation and catering,

Compass – organization on-site.

The teachings will be translated into Polish by Bartek Czajkowski.

You are very welcome!