

Earth Vase project coordinated by Anna Bihler.
Text based on traditional sources.

Filling Earthvases - 2(4)



RAM	YAM	LAM	KHAM	A
Fire	Air	Earth	Water	Empty Space

What is the Vase filled with?

The major ingredient is mantras rolled together. Upon request, Anna can send you the mantras for print out and cutting. There are three sets of mantras: (a) Padmasambhava, (b) various (the Four Immeasurables/ Refuge/ Vajrasattva and the like), and (c) 21 Tara. The three designs can be mixed as you choose.

The mantra rolls measure 3.5cm or alternatively 4.9cm height. This will determine the inner dimension of the vase you select. The mantra slips when rolled together should run the script in the same direction. If you want, print the mantras on coloured paper. You can also handwrite slips yourself and include them in the roll or include your own particular deity's mantras. Anna can help you with the design for printing out. It would be good to wrap the mantra roll in yellow (wisdom) or red (enriching) paper or bind with a ribbon in one of these colours. When you place the roll into the vase, ensure that letters in the script are vertical and the right way up

Other items for filling may include:

- Pieces of cloth in the following colours: Space blue E; Wind green YAM; Water white BAM; Fire red RAM; Earth yellow LAM. These can be potentiated by reciting their seed syllable. E YAM BAM RAM LAM
ཨ་ཡཾ་བཾ་རཾ་ལཾ།
- Precious or semiprecious stones
- Crystals
- Images of deities
- Mani pills, Dudtshi, rilbu pills
- Items that have been given to you in empowerments or blessing
- Medicinal and healing herbs
- Aromatic or fragrant herbs and petals
- Grains as symbols of fertility and nourishment
- Material that has been taken from the earth and is being returned as a gesture of gratitude such as copper coin

- Anything meaningful to you that you think would strengthen the integrity of the world.

Blessing

You can bless the pot by keeping it on your altar when you do your Padmasambhava and other practices, and empower it with rays of light from Padmasambhava. Then imbue it with your good wishes for the earth and its elements and all forms of life.

When you practise the sadhana, you can add the following text into the guru yoga. Let the lights of Padmasambhava melt into the vase(s) before melting into you. If you want, repeat: [Page four in this PDF](#). (This text can be applied for tsatsas, thangkas, malas, statues etc. too)

Multiply the blessing by asking others to send their blessings too. For this purpose, it is good to send an image of the filled vase to the earthhealing group and inform about it. The duration of the unsealed state can be quite long so allow the time to accumulate blessings before you seal.

Sealing

Beeswax can be manipulated well and is ecofriendly. Knead with the warmth of your hands and seal the lid onto the vase.