

Earth Vase project coordinated by Anna Bihler.  
Text based on traditional sources.

Miscellaneous on Earthvases - 4(4)



|      |     |       |       |             |
|------|-----|-------|-------|-------------|
| RAM  | YAM | LAM   | KHAM  | A           |
| Fire | Air | Earth | Water | Empty Space |

## The Group

The group has a very loose and wide-spread network based on James Low's Sangha. Different people focus on different things. In the end it is important to know what you want and tune in with what resonates for you. Get inspired, get involved. Find your way of collaboration.

We engage in our individual, dedicated earth healing practice. Some dip buddha statues into lakes or include good wishes in their sadhana practice. They make tsatsas or place petal mandalas next to walkways.

The [simplybeing.earthhealing@gmail.com](mailto:simplybeing.earthhealing@gmail.com) email address distributes messages to 45 people without their individual addresses being disclosed. One can be easily added to or taken off by writing to this address or to Anna. Please do share your own activities or inspirations by writing a message to this address and invite others to get active.

This google account is also [used to save pictures, enlist our vases etc.](#) We'll add yours too when you do one / some. But keeping your activity private is, of course, also possible.

## Google Account

The simplybeing.earthhealing account saves images of earth vases and their locations, along with a list of planted vases / vases in progress, and the mails sent and forwarded to and via this account. Additionally, files that explain the making of vases are being sent here.

## Equanimity. Collaborativeness.

If possible, try to do the preparation, filling and burying together with sangha members and/or other interested people since collaborative compassionate activity is also a healing antidote for the troubles of the world. Earth vases

can become a means to ground your dharma practice into what surrounds you, to get the formed intention into activity and connectedness.

In the course of preparing and burying the vase, watch your own mind. Which dual ideas appear and how does your mind react to them? Do you see a doubting inner dialogue? Does the clarity of intuition flare up spontaneously?

The act of doing the vase and the intention bear more importance than outer factors such as precision or duration. Accept imperfection. There's no minimum or maximum timespan, no best filling, either. If you want to do more than one at a time -fine. We all work with our circumstances and pay respect to that as a matter of fact. You can also take the vase to teachings or empowerments or include it into your ngondro etc.

## Dharma Shops

We act on the basis of our own compassion and, hence also empower ourselves to bless the vase. We don't delegate this to another person such as a lama. Should you, however, wish to ask for someone's particular blessing, theirs certainly would be good too.

Here is a list of vases purchasable at Tibetan Monastery Shops if you are interested to do so. In the contemporary Tibetan background, the vases are usually buried in the foundation of a house to be built (so rather for personal well-being, not for all sentient beings):

[Kathok Monastery Shop](#)

[Fachbuchhandlung Tsongkang](#)

[Lama Tharchin Rinpoche's Vision](#)

[Lama Kunga's Shop](#)

## Earthvase online resources

[@wei7sicht • Instagram-Fotos und -Videos](#)

[Dilgo Khyentse's Peace Vase Project](#) there are still spots at which vases need be placed

[Earth Vase - Tibetan Buddhist Encyclopedia](#)

[Lama Kunga Kensington CO Making of](#) and Text [Earth Vase : Ewam Choden Tibetan Buddhist Center](#)

[Cynthia Jurs Earth Treasure Vases](#)

<http://www.vajrayana.org/treasure-vases/>

[Purification Mantra of Five Elements by Drukmo Gyal](#)

## Others

<https://www.simplybeing.co.uk/honour-the-lungs-of-the-world/>

[Root Shoot Bloom by Denise Flora](#)

[Cosmo Sheldrake - Playing Places](#)

[The Encounter by Simon McBurney](#)

[Rilbu Pills \(presently out of stock\) -Saraswati Publications](#)

[The Great Turning](#)

[Milarepa's Song to Lady Paldarbom](#)

[Social-ecological harmony – Lama Lena](#)

['Blindsight' a film from Tibet](#)

[Ecodharma Conservation by Extinction Rebellion Buddhism](#)

[Traditional knowledge of the jaguar shamans of Yuruparí](#)

[Making of Tsatsas description](#)

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